



Mary Ellen Humane  
Education Society

Registered Charity # 812506623RR0001

---

Are there troubling things you try not to think about?

Are memories of the past haunting you, even during the day?

Are you looking for a positive direction in life?

**Shake-a-Paw** is an exciting new animal-assisted therapy program in Kelowna that provides young people with emotional health issues a way to move forward by working with dogs.

A clinical psychologist and a dog trainer work together to help youth-dog teams build trust in themselves and each other.

#### **Shake-a-Paw** Program Goals:

- ✓ To decrease anxiety and increase confidence by building relationship between youth and dogs
- ✓ Hands-on occupational skill-building

Participants in **Shake-a-Paw**:



- Age groups: 12 to 18 and 19 to 25
- have possible symptoms of trauma
- have a sincere interest in training dogs
- make a commitment to see a counsellor for the duration of the program

The 3rd pilot run of **Shake-A-Paw** will start in early 2018!

When? TBA, but probably Tuesdays and Thursdays, 3:30-6:00 for 6 weeks.

Where? Kelowna location to be announced.

If you or someone you know is interested in taking part in this program...

please fax a completed referral form to 250-861-4247. If you have any questions, don't hesitate to contact Dr. Kim Dawson at 250-899-1794. For further details about **Shake-a-Paw**, check out our website at

[www.maryellenhumaneeducationsociety.org](http://www.maryellenhumaneeducationsociety.org). Or email us at [info@maryellenhumaneeducationsociety.org](mailto:info@maryellenhumaneeducationsociety.org).